

# Group Demographics

National Runaway Safeline  
3141b N Lincoln Avenue  
Chicago, IL 60657



We would appreciate your help in letting us know how many youth are being reached by the curriculum. Please fill out this form after **each** activity or module you have completed with a group/class and return to the National Runaway Safeline (NRS). You can mail to it to: National Runaway Safeline 3141b N Lincoln Avenue Chicago, IL 60657 or fax at 1-773-929-5150. If you have any questions or would like any technical assistance in implementing the curriculum please contact the NRS prevention specialist at [Prevention@1800RUNAWAY.org](mailto:Prevention@1800RUNAWAY.org) or call 773-289-1723.

Facilitator Name

Organization

Address

City  State  Zip Code

Phone Number  Email

Fax Number

Check here if you are a Safe Place Agency

Check here if you are a Safe Place Coordinator

Date of Class

Number of participants in group/class:

How did you hear about the curriculum?

### Average age of participants:

- under 10       14-16  
 10-12       16-18  
 12-14       18-20

If adults, explain...  
ex: parents, teachers

### Type of group/class:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> middle school class  | <input type="checkbox"/> youth shelter             | <input type="checkbox"/> religious or spiritual group         |
| <input type="checkbox"/> high school class    | <input type="checkbox"/> social service program    | <input type="checkbox"/> foster care/ Dept. Of Child Services |
| <input type="checkbox"/> after school program | <input type="checkbox"/> health clinic             | <input type="checkbox"/> parent/ youth group                  |
| <input type="checkbox"/> juvenile justice     | <input type="checkbox"/> mental health/ counseling | <input type="checkbox"/> mentor group                         |
| <input type="checkbox"/> youth development    | <input type="checkbox"/> youth leadership group    | <input type="checkbox"/> other                                |

### Which module was presented?

- |   |  |
|---|--|
| <input type="checkbox"/> Module 1: Communication And Listening          | <input type="checkbox"/> Module 8: Community Response And Responsibility |
| <input type="checkbox"/> Module 2: Adolescent Development               | <input type="checkbox"/> Module 9: Anger Management                      |
| <input type="checkbox"/> Module 3: Personal Influences                  | <input type="checkbox"/> Module 10: Stress Reduction                     |
| <input type="checkbox"/> Module 4: Peers                                | <input type="checkbox"/> Module 11: Drugs And Alcohol                    |
| <input type="checkbox"/> Module 5: Families: Roles And Responsibilities | <input type="checkbox"/> Module 12: Sexuality And Sexual Orientation     |
| <input type="checkbox"/> Module 6: Runaway Reality                      | <input type="checkbox"/> Module 13: Internet Safety And Fun              |
| <input type="checkbox"/> Module 7: National Safe Connections            | <input type="checkbox"/> Module 14: Future Life Planning                 |



## Let's Talk: Runaway Prevention Curriculum

### Pre- and Post-Test Answer Key

<b>Module 1</b> B B A D D A E A B B	<b>Module 2</b> D D B D D D D D C B	<b>Module 3</b> D B C D B B B C D D	<b>Module 4</b> C D B B B C D A D A	<b>Module 5</b> C A B B B A D D D B	<b>Module 6</b> B C B D C D A A D A	<b>Module 7</b> D B C C D D * D A A
<b>Module 8</b> B C D B D B A A D D	<b>Module 9</b> A A B C D A C D A D	<b>Module 10</b> C A D B D A A C D A	<b>Module 11</b> B D B B D D A D C A	<b>Module 12</b> B C A B B A A A D A	<b>Module 13</b> C B D A B D C C D A	<b>Module 14</b> B A B C D D A B D A

\* The answer will be determined by your community having a Safe Place or not.

## Module 1: Communication and Listening Pre- and Post-Activity Worksheet

Initials:

\_\_\_\_\_

Directions: Please put your initials at the top of the page and circle “Pre-” if you are taking the test before class or “Post-Activity” if you are taking the test after class. Answer the following questions to the best of your ability!

What is your **gender**: \_\_\_\_\_ **Race/ethnicity**: \_\_\_\_\_ **Age**: \_\_\_\_\_

- When someone is being a good listener, he or she \_\_\_\_\_.
  - answers the phone while I’m trying to talk to him or her
  - makes eye contact with me
  - calls me by the wrong name
  - laughs at me
- An open-ended question \_\_\_\_\_.
  - does not generate conversation
  - is a question that cannot be answered with “yes” or “no”
  - is not supposed to give me a lot of detail
  - is not important in communication
- The goal of paraphrasing and summarizing is to \_\_\_\_\_.
  - make sure that you are all on the same page
  - get your side of the story told
  - never get caught
  - win an argument
- When communicating during a crisis, I should try to \_\_\_\_\_.
  - do other things while trying to listen
  - allow my opinion and feelings to show
  - walk away and get someone else to listen
  - focus on the main issue
- In an everyday situation, problem solving involves all of the following, EXCEPT \_\_\_\_\_.
  - communication
  - awareness
  - resources
  - ignoring feelings
- Which of the following is **not** a way to establish rapport (a relationship)?
  - Tell others what was said.
  - Speak with a gentle tone.
  - Let someone know that you care.
  - Actively listen.
- Which of the following is something to consider in communicating during a crisis?
  - Awareness—what will happen next?
  - Resources—what resources might help?
  - Communication—using active listening skills.
  - Stress management/problem solving—easing stress or developing a plan.
  - All of the above.
- If someone is actively listening to me, it affects the way I feel.
  - True
  - False
- When you help someone in crisis come up with a plan, it should include which of the following?
  - A bus ticket
  - An alternate plan
  - Reassurance
  - Money
- When exploring options with someone in a crisis, you should be sure to include all of the following, EXCEPT \_\_\_\_\_.
  - explore what has been tried before
  - tell them what to do
  - think about the pros and cons of each idea
  - let them tell you what they want to do



## Module 2: Adolescent Development Pre- and Post-Activity Worksheet

Initials:

Directions: Please put your initials at the top of the page and circle "Pre-" if you are taking the test before class or "Post-Activity" if you are taking the test after class. Answer the following questions to the best of your ability!

What is your **gender**: \_\_\_\_\_ **Race/ethnicity**: \_\_\_\_\_ **Age**: \_\_\_\_\_

- The age span of adolescence is considered to extend from the ages of \_\_\_\_\_.
  - 13 to 18 years
  - 12 to 17 years
  - 13 to 22 years
  - 12 to 25 years
- During adolescence, most youth go through all of the following types of changes, EXCEPT?
  - Social
  - Biological
  - Psychological
  - Gastroenterological
- The three stages of adolescence are early adolescence, late adolescence, and \_\_\_\_\_ adulthood.
  - late
  - emerging
  - early
  - mid
- An important goal during adolescence in western culture is \_\_\_\_\_.
  - divorce
  - career advancement
  - autobiography
  - autonomy
- One's social environment might include which of the following?
  - School
  - Internet
  - Home
  - All of the above
- Adolescence is defined as \_\_\_\_\_.
  - the onset of puberty until the early 20s
  - the transitional period from childhood to adulthood
  - involving the development of independence
  - all of the above
- During adolescence, biological changes include \_\_\_\_\_.
  - physical changes
  - hormonal changes
  - genital development
  - all of the above
- Autonomy is a healthy sense of independence in what life areas?
  - In relationships with peers
  - In the ability to make decisions regardless of peer influence
  - In the ability to take on beliefs and values of your own
  - All of the above
- Late adolescence is \_\_\_\_\_.
  - between the ages of 15 and 18
  - focused around peers
  - both a and b
  - neither a nor b
- Self-concept is our perfect image of ourselves or whom we want to become.
  - True
  - False

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## Module 3: Personal Influences Pre- and Post-Activity Worksheet

Initials:

Directions: Please put your initials at the top of the page and circle "Pre-" if you are taking the test before class or "Post-Activity" if you are taking the test after class. Answer the following questions to the best of your ability!

What is your **gender**: \_\_\_\_\_ **Race/ethnicity**: \_\_\_\_\_ **Age**: \_\_\_\_\_

- Four main areas that lead to overall well-being include emotional, physical, spiritual, and \_\_\_\_\_ health.
  - physiological
  - psychological
  - religious
  - social
- Spirituality does not necessarily mean religious beliefs. It could mean what we \_\_\_\_\_ in life.
  - hate
  - value
  - adore
  - fight
- The **best** example of something to do to strengthen "emotional health" is \_\_\_\_\_.
  - focus only on school
  - take a gym class
  - practice stress management
  - watch a reality TV show
- "Influential others" are best described as people who \_\_\_\_\_.
  - give you peer pressure
  - live with you
  - loan you clothes
  - are most important to you
- Influential others **only** help you make **good** decisions for yourself.
  - True
  - False
- To maintain "physical health," one might focus on nutrition, exercise, \_\_\_\_\_, and strength.
  - rules
  - prevention of disease
  - eye contact
  - active listening
- One way to have "social health" is \_\_\_\_\_.
  - to ignore your feelings
  - through healthy relationships with others
  - by keeping to yourself
  - through passive communication
- We rely on "influential others" to \_\_\_\_\_.
  - ignore the things we do
  - make decisions for us
  - shape our ideas about our decision making and its consequences
  - always make the right decision
- To maintain "spiritual health," one might focus on \_\_\_\_\_.
  - what one believes in life
  - finding meaning in life
  - what one values in life
  - all of the above
- Having "emotional health" is \_\_\_\_\_.
  - something that happens on its own
  - not my responsibility
  - easier for girls than boys
  - the ability to balance life's challenges and life's joy



## Module 4: Peers and Healthy Relationships Pre- and Post-Activity Worksheet

Initials:

\_\_\_\_\_

Directions: Please put your initials at the top of the page and circle "Pre-" if you are taking the test before class or "Post-Activity" if you are taking the test after class. Answer the following questions to the best of your ability!

What is your **gender**: \_\_\_\_\_ **Race/ethnicity**: \_\_\_\_\_ **Age**: \_\_\_\_\_

- A peer influence or pressure \_\_\_\_\_.
  - is when a person close to your age guides or shapes your decisions and actions
  - can be positive and negative
  - both a and b
  - neither a nor b
- Someone might give in to peer pressure for all of the following reasons, EXCEPT \_\_\_\_\_.
  - everyone else is doing it
  - she or he wants to be liked
  - she or he doesn't want to be made fun of
  - she or he wants to remain independent
- The qualities people like in their friends never change.
  - True
  - False
- Members of a clique generally share a common \_\_\_\_\_.
  - name
  - interest
  - parent
  - math teacher
- An example of a positive peer influence is when \_\_\_\_\_.
  - my cousin begs me to share the answers for last night's homework before third period
  - my friend teaches me to slow dance before the school dance
  - my boyfriend or girlfriend tries to get me to stay out past curfew
  - all of the above
- Indirect peer pressure \_\_\_\_\_.
  - can happen when we hang out with different groups
  - is when we may act differently with certain groups
  - both a and b
  - neither a nor b
- Qualities we might look for in a friend include \_\_\_\_\_.
  - we like to hang out together
  - he or she is fun
  - we share common interests
  - all of the above
- Individual peer pressure is when we put pressure on ourselves, usually to fit in.
  - True
  - False
- A place or situation where peer pressure may occur is \_\_\_\_\_.
  - in a romantic relationship
  - at school
  - at a party
  - all of the above
- An example of a negative peer influence would be when \_\_\_\_\_.
  - my cousin begs me to take money from my parents
  - my friend helps me with my homework
  - my friend encourages me to try out for the school play
  - all of the above



## Module 5: Families - Roles and Responsibilities Pre- and Post-Activity Worksheet

Initials:

Directions: Please put your initials at the top of the page and circle "Pre-" if you are taking the test before class or "Post-Activity" if you are taking the test after class. Answer the following questions to the best of your ability!

What is your **gender**: \_\_\_\_\_ **Race/ethnicity**: \_\_\_\_\_ **Age**: \_\_\_\_\_

- We each play a number of \_\_\_\_\_ in our own families.
  - characters
  - games
  - roles
  - none of the above
- If we didn't have \_\_\_\_\_, things at home would not get done.
  - responsibilities
  - rules
  - siblings
  - schedules
- An "I" statement is a statement that \_\_\_\_\_.
  - blames someone else for how you are feeling
  - states how you are feeling and what you need
  - states how you are feeling
  - is any statement beginning with "I"
- The "K" in T.A.L.K. stands for \_\_\_\_\_.
  - knowledge
  - know what to say
  - know whom to talk to
  - know when to have the discussion
- Good family communication \_\_\_\_\_.
  - just happens
  - takes patience, time, and effort
  - is not important
  - is not my responsibility
- Location is important in T.A.L.K. because \_\_\_\_\_.
  - you want to be in a place where it is quiet
  - you want to have distractions
  - you want to be overheard by others
  - all of the above
- Assertive communication is \_\_\_\_\_.
  - forcing your opinion on others
  - being direct and honest
  - telling someone how you feel and what you want
  - both b and c
- When you need to communicate seriously with your family, it is best to \_\_\_\_\_.
  - talk whenever you feel like it
  - talk a few minutes before your parents are leaving for work
  - talk at a sports game
  - set a time when everyone can be engaged and focused
- What would **NOT** be a tip for effective family communication?
  - Don't expect your family to read your mind.
  - Be patient.
  - Think of lots of ideas before making a decision.
  - Don't be too specific about your requests.
- The makeup of every family is the same.
  - True
  - False

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## Module 6: Runaway Reality Pre- and Post-Activity Worksheet

Initials:

Directions: Please put your initials at the top of the page and circle "Pre-" if you are taking the test before class or "Post-Activity" if you are taking the test after class. Answer the following questions to the best of your ability!

What is your gender: \_\_\_\_\_ Race/ethnicity: \_\_\_\_\_ Age: \_\_\_\_\_

- Youth ages \_\_\_\_\_ are at the highest risk for homelessness.
  - 15-18
  - 12-17
  - 16-17
  - 18-20
- Approximately what percentage of youth in crisis who call the National Runaway Safeline (NRS) have run away before?
  - 10%
  - 15%
  - 23%
  - 54%
- What is the number one reason youth call NRS?
  - Abuse
  - Family issues
  - Pregnancy
  - Peer pressure
- What is the average age of a youth caller to NRS?
  - 14
  - 15
  - 16
  - 17
- " \_\_\_\_\_ " is a good question to ask before running away.
  - Where is the bus schedule?
  - Did I remember my favorite sweater?
  - What are my other options?
  - Where did I leave my baseball?
- Who calls NRS for help?
  - Any youth
  - Runaways
  - Parents of runaways
  - All of the above
- What is the most common length of time a youth is on the run before calling NRS?
  - 1-3 days
  - 4-7 days
  - 1-6 weeks
  - 1-6 months
- Who calls the NRS more often?
  - Females
  - Males
- What is the NRS hotline number?
  - 1-800-RUNAWAY
  - 1-800-RUNAWAY
  - 1-800-RUNAWAY
  - All of the above
- Most youth on the streets report that they support themselves by \_\_\_\_\_.
  - staying with friends/family
  - stealing
  - shelters
  - both b and c

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## Module 7: National Safe Connections Pre- and Post-Activity Worksheet

Initials:

Directions: Please put your initials at the top of the page and circle "Pre-" if you are taking the test before class or "Post-Activity" if you are taking the test after class. Answer the following questions to the best of your ability!

What is your **gender**: \_\_\_\_\_ **Race/ethnicity**: \_\_\_\_\_ **Age**: \_\_\_\_\_

- Some stressors a youth might deal with in his or her life include \_\_\_\_\_.
  - family
  - friends
  - dating
  - all of the above
- "Safety" means the same thing to all people.
  - True
  - False
- What colors are the Safe Place sign?
  - Green and black
  - Yellow and blue
  - Yellow and black
  - Green and blue
- Safe Place is currently available in \_\_\_\_\_.
  - less than 20 U.S. states
  - 20-30 U.S. states
  - more than 30 U.S. states
  - only Canada
- Youth can reach the National Runaway Safeline by calling 1-800-\_\_\_\_\_.
  - DON'T GO
  - STAY SAFE
  - LUDACRIS
  - RUNAWAY
- Safe Place sites will \_\_\_\_\_.
  - have a visible Safe Place sign
  - connect you to local help
  - connect you with a safe place to go in a crisis
  - all of the above
- Our community has a Safe Place program.
  - True
  - False
- Which is an example of where a Safe Place can be located?
  - Firehouse
  - Convenience store
  - Fast food restaurants
  - All of the above
- If you would like to get more information about Safe Place, go to \_\_\_\_\_.
  - <http://nationalsafeplace.org>
  - [nationalplaces.org](http://nationalplaces.org)
  - [www.help.com](http://www.help.com)
- The National Runaway Safeline and Safe Place have a common mission to connect youth to help and safety.
  - True
  - False

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## Module 8: Community Response and Responsibility Pre- and Post-Activity Worksheet

Initials:

\_\_\_\_\_

Directions: Please put your initials at the top of the page and circle "Pre-" if you are taking the test before class or "Post-Activity" if you are taking the test after class. Answer the following questions to the best of your ability!

What is your **gender**: \_\_\_\_\_ **Race/ethnicity**: \_\_\_\_\_ **Age**: \_\_\_\_\_

- When a young person runs away, that young person is the **only** one affected.
  - True
  - False
- Which of the following is **NOT** a way to give back to a community?
  - Build a house with Habitat for Humanity
  - Volunteer on a crisis line
  - Tag a wall
  - Clean up the neighborhood after a natural disaster
- Who might be affected if a youth runs away?
  - The youth's foster mom
  - The youth's classmate in school
  - The youth's church youth group leader
  - All of the above
- Who can take a runaway report on a missing youth?
  - The youth's pastor
  - A police officer
  - A student
  - All of the above
- The National Runaway Safeline (1-800-RUNAWAY) exists to support \_\_\_\_\_.
  - youth
  - guardians
  - communities
  - all of the above
- There is a waiting period for runaway youth to be entered into the National Crime Information Center.
  - True
  - False
- A judge may give legal consequences to a youth who has run away.
  - True
  - False
- When a youth runs from home, their school may be able to offer support to their family.
  - True
  - False
- If you are a friend of a runaway, you can \_\_\_\_\_.
  - decide to share any information about the youth with the family
  - give messages to and from the runaway
  - offer places for the runaway to stay
  - all of the above
- The National Runaway Safeline (1-800-RUNAWAY) supports youth by \_\_\_\_\_.
  - offering referrals to resources within the caller's local community
  - offering conference calls between youth and families
  - relaying messages
  - all of the above

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## Module 9: Anger Management Pre- and Post-Activity Worksheet

Initials:

\_\_\_\_\_

Directions: Please put your initials at the top of the page and circle "Pre-" if you are taking the test before class or "Post-Activity" if you are taking the test after class. Answer the following questions to the best of your ability!

What is your gender: \_\_\_\_\_ Race/ethnicity: \_\_\_\_\_ Age: \_\_\_\_\_

- Feelings of anger can produce physical changes, such as increased heart rate, blood pressure, and adrenaline.
  - True
  - False
- Of the following, which answer is **NOT** a way to positively deal with your anger:
  - I gossip about someone to get back at them.
  - I breathe deeply from my diaphragm to relax.
  - I think carefully about what I want to say before I say it.
  - I approach the problem that is making me angry head-on.
- Anger can linger on \_\_\_\_\_.
  - until we think of something else
  - for long periods of time
  - until we have revenge
  - for a couple of days
- Breathing speeds used in a relaxation technique are supposed to be \_\_\_\_\_.
  - fast
  - short
  - slow
  - pulsing
- A good time to use a relaxation technique is \_\_\_\_\_.
  - before going on a date
  - before having a serious talk with your parent or guardian
  - before a test or exam
  - all of the above
- It is good to be aware of what makes you upset or angry.
  - True
  - False
- Which of the following is a positive way to deal with anger?
  - Stay in the same scene
  - Think negatively
  - Communicate with others
  - Hit someone or something
- What are some positive ways to manage stress?
  - Listen to music
  - Write in a journal
  - Talk with a friend
  - All of the above
- There are different types of anger.
  - True
  - False
- Anger \_\_\_\_\_.
  - can range from mild irritation to rage
  - is a human emotion
  - can help you fight for injustice or stand up for yourself, when handled in a positive way
  - all of the above

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## Module 10: Stress Reduction Pre- and Post-Activity Worksheet

Initials:

\_\_\_\_\_

Directions: Please put your initials at the top of the page and circle "Pre-" if you are taking the test before class or "Post-Activity" if you are taking the test after class. Answer the following questions to the best of your ability!

What is your **gender**: \_\_\_\_\_ **Race/ethnicity**: \_\_\_\_\_ **Age**: \_\_\_\_\_

1. A(n) \_\_\_\_\_ is a person, place, thing, or event that causes stress.
  - a. illness
  - b. crack
  - c. stressor
  - d. tornado
2. "Teens + Stress + Resources = \_\_\_\_\_."
  - a. Crisis Averted
  - b. Too Much
  - c. Adult
  - d. Crisis
3. A(n) \_\_\_\_\_ is placed at the roots on a decision tree.
  - a. summary
  - b. option
  - c. solution
  - d. problem
4. Coping mechanisms help us \_\_\_\_\_.
  - a. manage our finances
  - b. manage something stressful or challenging
  - c. control other people
  - d. run our lives
5. When the following four basic human needs are in place, we feel less stressed. They are to live, to learn, \_\_\_\_\_, and to leave a legacy.
  - a. to survive
  - b. to eat
  - c. to learn
  - d. to love
6. Stress is defined as a state of difficulty or worry.
  - a. True
  - b. False
7. Stress can be good.
  - a. True
  - b. False
8. A crisis is defined as \_\_\_\_\_.
  - a. a difficult situation with high stress and a lot of options for a positive outcome
  - b. an everyday situation with no stress and outcomes that are positive
  - c. a difficult situation with high stress and limited options that can lead to negative outcomes
  - d. a time to freak out
9. A resource is \_\_\_\_\_.
  - a. a person who provides support
  - b. a thing that provides support
  - c. a place that offers support
  - d. all of the above
10. Everyone goes through stressful times.
  - a. True
  - b. False



# Module 11: Drugs and Alcohol

## Pre- and Post-Activity Worksheet

Initials:

\_\_\_\_\_

Directions: Please put your initials at the top of the page and circle "Pre-" if you are taking the test before class or "Post-Activity" if you are taking the test after class. Answer the following questions to the best of your ability!

What is your **gender**: \_\_\_\_\_ **Race/ethnicity**: \_\_\_\_\_ **Age**: \_\_\_\_\_

- All messages about alcohol, tobacco, and other drugs that we get from media, our friends, and our family are negative.
  - True
  - False
- All of the following are examples of why someone might use alcohol, tobacco, or other drugs, EXCEPT \_\_\_\_\_.
  - curiosity
  - pleasure
  - peer pressure
  - to make a phone call
- Drugs that slow down the nervous system are called \_\_\_\_\_.
  - stimulants
  - depressants
  - cocaine
  - ecstasy
- Prescription drugs aren't harmful for me, even if I don't need them, because they are always prescribed by a doctor and given by a pharmacist.
  - True
  - False
- What substance can cause permanent liver, heart, and brain damage and can cause high blood pressure over time?
  - Homework
  - Sugar
  - Cocaine
  - Alcohol
- What are some alternatives to using drugs?
  - Getting involved at school
  - Exercise
  - Joining a youth group
  - All of the above
- A substance made of ethanol and brewed from fruits and grains is \_\_\_\_\_.
  - alcohol
  - cocaine
  - heroin
  - none of the above
- Drugs that can cause physical damage to the body are called \_\_\_\_\_.
  - stimulants
  - depressants
  - hallucinogens
  - all of the above
- A substance made from a plant called Cannabis and also used to make rope, paint, and cloth is called \_\_\_\_\_.
  - PCP
  - tobacco
  - marijuana
  - none of the above
- Steroids are related to the male sex hormone.
  - True
  - False



## Module 12: Sexuality and Sexual Orientation Pre- and Post-Activity Worksheet

Initials:

Directions: Please put your initials at the top of the page and circle "Pre-" if you are taking the test before class or "Post-Activity" if you are taking the test after class. Answer the following questions to the best of your ability!

What is your **gender**: \_\_\_\_\_ **Race/ethnicity**: \_\_\_\_\_ **Age**: \_\_\_\_\_

- \_\_\_\_\_ is described as one's core sense of whom one feels attracted to.
  - Sexuality
  - Sexual orientation
  - Inner beauty
  - A warm feeling
- Gender Identity is defined as \_\_\_\_\_.
  - being born a certain sex
  - feeling different
  - feeling emotionally or spiritually male or female or both or neither
  - one's sexual identity
- Acts of discrimination can be either obvious or subtle.
  - True
  - False
- \_\_\_\_\_ is a term that refers to the prejudice and discrimination that lesbian and gay people experience on account of their identities.
  - Heterosexism
  - Homophobia
  - Phobia
  - Poking fun
- An individual who is NOT a member of a particular community or background yet advocates (or "stands up") on behalf of people who are part of that particular community or background is referred to as a(n) \_\_\_\_\_.
  - racist
  - ally
  - nice person
  - helper
- LGBTQ stands for lesbian, gay, bisexual, transgender, questioning.
  - True
  - False
- A term that expresses the attitude that heterosexuality is the only valid orientation is \_\_\_\_\_.
  - heterosexism
  - homosexual
  - heterosexual
  - none of the above
- Queer is a term that includes all LGBTQ identities and is believed to be a term of empowerment among some LGBTQ individuals.
  - True
  - False
- Some ways to be an ally are to \_\_\_\_\_.
  - be open-minded and honest
  - interrupt homophobic jokes or comments and state that they are not okay
  - start a Gay-Straight Alliance at your school
  - all of the above
- Some youth choose to run away after not feeling supported in relation to their sexuality, in ways such as not being able to date, not being accepted, or being ridiculed.
  - True
  - False

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## Module 13: Internet Safety and Fun Pre- and Post-Activity Worksheet

Initials:

\_\_\_\_\_

Directions: Please put your initials at the top of the page and circle "Pre-" if you are taking the test before class or "Post-Activity" if you are taking the test after class. Answer the following questions to the best of your ability!

What is your **gender**: \_\_\_\_\_ **Race/ethnicity**: \_\_\_\_\_ **Age**: \_\_\_\_\_

- \_\_\_\_\_ is a common Internet domain suffix for an educational institution.
  - .gov
  - .com
  - .edu
  - .mil
- Responsible Webmasters will make sure a legit Web page is \_\_\_\_\_.
  - pretty
  - up-to-date
  - colorful
  - confusing
- What type of personal information is NOT always safe to give online?
  - Age or birthday
  - Address
  - Social Security number
  - All of the above
- Which of the following IS a way to avoid internet fraud?
  - Memorize passwords and PIN numbers
  - Send a credit card number through email
  - Give a full address over instant messaging
  - Give any information such as full name, phone number, and Social Security number
- It is **safe** to meet anyone in person that I meet online because people are always whom they say they are.
  - True
  - False
- What does .com stand for?
  - corporate site
  - company site
  - community site
  - commercial site
- Internet Explorer, Safari, and Mozilla Firefox are examples of \_\_\_\_\_.
  - a Webmaster
  - computer code
  - Web browsers
  - none of the above
- The purpose of a domain is to \_\_\_\_\_.
  - track where you are
  - make you type more
  - categorize the content
  - network with the computer
- Some of the ways we can be involved with the Internet are \_\_\_\_\_.
  - journaling or blogging
  - instant messaging
  - emailing
  - all of the above
- The best way to protect yourself on the Internet is to learn about the basics of the Net.
  - True
  - False

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## Module 14: Future Life Planning Pre- and Post-Activity Worksheet

Initials:

\_\_\_\_\_

Directions: Please put your initials at the top of the page and circle "Pre-" if you are taking the test before class or "Post-Activity" if you are taking the test after class. Answer the following questions to the best of your ability!

What is your **gender**: \_\_\_\_\_ **Race/ethnicity**: \_\_\_\_\_ **Age**: \_\_\_\_\_

- A barrier can best be defined as a person, place, or thing that \_\_\_\_\_.
  - helps you get to your goal
  - stands in the way of reaching a goal
  - costs a lot of money
  - is annoying
- A facilitator can best be defined as a person, place, or thing that \_\_\_\_\_.
  - helps you achieve a goal
  - stands in the way of reaching a goal
  - leads a focus group
  - takes care of you
- We can control what life throws our way \_\_\_\_\_.
  - all of the time
  - some of the time
  - never
  - when we are older
- If your goal is to graduate from high school, a barrier might be \_\_\_\_\_.
  - the rain
  - a helpful teacher
  - bad study habits
  - getting good grades in English
- If your goal is to pass your driver's test, a facilitator could be \_\_\_\_\_.
  - drinking
  - not having a car to practice on
  - the high price of gas
  - your older, licensed sister
- When setting a goal, it is helpful to think of what things?
  - The people and places that will be affected
  - Things that will help
  - Barriers that exist
  - All of the above
- Decisions you make with regard to goals affect others in your life.
  - True
  - False
- There is only one route to reaching a goal.
  - True
  - False
- When setting goals it is helpful to \_\_\_\_\_.
  - consider all options
  - think of steps to achieve your goal
  - look for support
  - all of the above
- Sometimes, when deciding on a goal, you may not know the outcome or consequences.
  - True
  - False

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